QC SPA PRÉ SAINT DIDIER CONDITIONS OF USE

Use of the QC Spa Pré Saint Didier thermal center is subject to acceptance of and compliance with the following conditions. By purchasing an entrance pass and/or subscription pass you accept that:

- Access to the thermal center is not allowed to pregnant women and to those who have presented or still have heart, blood pressure, respiratory, after-effects of recent trauma, who have undergone recent surgery, who are suffering from other relevant pathologies.
- The use of saunas and steam baths is contraindicated in case of: heart disease, circulatory disorders, hypotension, varicose veins of the lower limbs, pregnancy, renal failure, menstrual cycle in progress, candida infection, febrile states, inflammatory phenomena in general, acute or resolving wounds, acute or chronic respiratory failure, alcoholic intoxication.
- Access to the thermal center is not allowed for minors under 14 years of age.
- Access to the thermal center is valid for single entry only. It is not possible to leave the building and again readmission using the same pass.
- It is mandatory to wear a swimsuit at all times and to use the non-slip slippers provided by the center in the corridors and outdoor areas; please exercise maximum caution when moving around. Please do not wear slippers during treatments, inside the pools, or in the saunas and steam room.
- Please do not leave bathrobes and towels on the sun beds unattended.
- Hair must be tied inside the pools, in the saunas and in the steam baths.
- It is mandatory to take a shower before accessing the wellness practices.
- It is mandatory to maintain a tone of voice and demeanor suited to the environment of absolute relaxation.
- Smoking and the use of electronic smoking devices is prohibited in all areas of the thermal center, including outdoor areas, with the sole exception of areas specifically marked as reserved for smokers.
- To allow all guests to relax, please limit your use of mobile phones and when using them please respect the quiet areas and each person's privacy.
- Diving is forbidden. When entering the pools, please use the provided handrails, where available, and the ladders.
- It is mandatory to use the towel inside the saunas.
- It is recommended not to exceed the usage times indicated in the internal communications of the center during the use of wellness practices. In case of illness or discomfort, please activate the emergency alarms located throughout the facility.
- No personal food is allowed in all areas, including outdoor areas, of the thermal center.
- Take care of glasses, avoiding contact with certain products (e.g. mud, scrubs), in order to avoid scratching or damaging the lenses.
- Where available, it is recommended to use the safety deposit box inside the lockers. When leaving, please check that you have not forgotten any personal belongings.
- On leaving, please place all linens and slippers provided by the center in the dedicated spaces.
- It is mandatory to leave the pools and wellness activities 30 minutes before the thermal center closing time.
- The lockers in the changing rooms available to guests are equipped with an automated locking system that is activated 30 minutes after the timeframe has lapsed, as with all time-limited entry types. After this timeframe, it will be necessary to contact the staff at Reception for assistance.
- Site Management accepts no responsibility for any theft, loss or damage to personal items or valuables.
- We'd like to inform you that our facility is equipped with an anti-shoplifting system.
- The Management reserves the right to remove anyone who does not comply with these rules at any time.

The Management