QC SPA VILLA ARZAGA GARDA CONDITIONS OF USE

Use of the QC Spa Garda Villa Arzaga wellness center is subject to acceptance of and compliance with the following conditions. By purchasing an entrance pass and/or subscription pass you accept that:

- Use of the wellness center is not permitted for: pregnant women. those who have or have previously had cardiac, blood pressure, respiratory, or recent post-traumatic disorders. those who have recently had surgery. those who are affected by other similar conditions.
- The use of saunas and steam baths is contraindicated for those who: have heart disease, circulatory disorders, hypotension, varicose veins in the lower limbs, yeast infections, fever, or renal failure. are pregnant or menstruating. have any kind of inflammation, open or healing wounds, or acute or chronic respiratory failure. are under the influence of alcohol.
- Access to the wellness center is not allowed for minors under 14 years of age.
- Access to the wellness center is valid for a single entry only. It is not possible to leave the building and gain readmission using the same pass.
- It is mandatory to wear a swimsuit at all times and to use the non-slip slippers provided by the center in the corridors and outdoor areas; please exercise maximum caution when moving around. Please do not wear slippers during treatments, inside the pools, or in the saunas and steam room.
- Bathrobes and towels must not be left on the loungers unattended.
- Hair must be tied inside the pools, in the saunas and in the steam baths.
- Showers must be taken before entering the wellness facilities.
- Voice volume and behaviour must be kept suitable for an environment of complete relaxation.
- Smoking and the use of electronic smoking devices is prohibited in all areas of the wellness center, including outdoor areas.
- To allow all guests to relax, please limit your use of mobile phones and when using them please respect the quiet areas and each person's privacy.
- Diving is forbidden. When entering the pools, please use the provided handrails, where available, and the ladders.
- Towels must be used inside the saunas.
- It is recommended not to exceed the usage times indicated in the internal communications of the center during the use of wellness practices. In case of illness or discomfort, please activate the emergency alarms located throughout the facility.
- No personal food is allowed in all areas, including outdoor areas, of the wellness center.
- Take care of glasses, avoiding contact with certain products (e.g. mud, scrubs), in order to avoid scratching or damaging the lenses.
- Where available, it is recommended to use the safety deposit box inside the lockers. When leaving, please check that you have not forgotten any personal belongings.
- On leaving, please place all linens and slippers provided by the center in the dedicated spaces.
- It is mandatory to leave the pools and wellness activities 30 minutes before the wellness center closing time.
- The lockers in the changing rooms available to guests are equipped with an automated locking system that is activated 30 minutes after the timeframe has lapsed, as with all time-limited entry types. After this timeframe, it will be necessary to contact the staff at Reception for assistance.
- Site Management accepts no responsibility for any theft, loss or damage to personal items or valuables.
- We'd like to inform you that our facility is equipped with an anti-shoplifting system.
- The Management reserves the right to remove, at any time, anyone who does not comply with the facilities' rules and conditions of use.

The Management